

Questions for Pastoral Groups

Psalms 42-43

- Do any of the images the Psalmist uses ring true with you? Have there been times in your life where you have felt like this? What circumstances lead to us feeling abandoned by God?
- What stops us from being honest with each other about the way we feel when God seems to be distant? How can we help each other?
- Do you find it easy to be honest with God about how you feel? If not, why not?
- What encouragements does the Psalm give us when we feel at a spiritual low?
- What difference does it make in your life to know that Jesus has experienced the feeling of distance from God?
- Are there particular ways in which we need to encourage one another?

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